

# SEPTEMBER 2017

## Balance, Timing, Speed

Sunday	Monday Waupun	Tuesday Mayville	Wednesday Waupun	Thursday Mayville	Friday Waupun	Saturday Mayville
					<b>1</b>	<b>2</b>
	SPARRING MONTH				<b>EXTREME EXCELLENCE</b> <b>4:30-7:00</b>  Sparring	<b>CLOSED HOLIDAY</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	<b>LABOR DAY CLOSED</b>	Full Force AIR <b>5:00-6:30</b>  Sparring	Sparring	<b>EXTREME TRICKSTERS &amp; AIR group 1</b> <b>4:45-6:15</b>  BBC ELITE -6:15-7:45 6:15-7:00 8 and under Sparring	<b>EXTREME EXCELLENCE &amp; FULL FORCE AIR</b> <b>4:30-7:00</b>  Sparring	Sparring
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
	<b>EXTREME AIR Group 1</b> <b>5:30-8:00</b> <b>EXTREME AIR Group 2</b> <b>5:30-7:00</b>  Sparring	Full Force AIR <b>5:00-6:30</b>  Sparring	Sparring	No Trickster or Extreme AIR Class  BBC hosts the Modern Woodman 6:00 - 7:00	<b>EXTREME EXCELLENCE &amp; FULL FORCE AIR</b> <b>4:30-7:00</b>  Sparring	Sparring
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
	<b>EXTREME AIR Group 1</b> <b>5:30-8:00</b> <b>EXTREME AIR Group 2</b> <b>5:30-7:00</b>  Sparring	Full Force AIR <b>5:00-6:30</b>  Sparring	Sparring	<b>EXTREME TRICKSTERS &amp; AIR group 1</b> <b>4:45-6:15</b>  BBC ELITE -6:15-7:45 6:15-7:00 8 and under Sparring	<b>EXTREME EXCELLENCE &amp; FULL FORCE AIR</b> <b>4:30-7:00</b>  Sparring	Sparring  <b>DISNEY BOOT CAMP</b> Noon - 3:00
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	<b>EXTREME AIR Group 1</b> <b>5:30-8:00</b> <b>EXTREME AIR Group 2</b> <b>5:30-7:00</b>  No TKD Class	Full Force AIR <b>5:00-6:30</b>  Sparring	Sparring	<b>EXTREME TRICKSTERS &amp; AIR group 1</b> <b>4:45-6:15</b>  BBC ELITE -6:15-7:45 6:15-7:00 8 and under Sparring	<b>EXTREME EXCELLENCE &amp; FULL FORCE AIR</b> <b>4:30-7:00</b>  Sparring	<b>RANK TEST</b> 11:00am  No TKD Class No JJ Class