


AUGUST 2017 Inspiration

Sunday	Monday Waupun	Tuesday Mayville	Wednesday Waupun	Thursday Mayville	Friday Waupun	Saturday Mayville
		1	2	3	4	5
		GUEST INSTRUCTOR Mayville Inspiration Drills National Night Out BBC at Hustisford	Inspiration Drills	EXTREME TRICKSTERS 4:45-6:15 BBC ELITE -6:15-7:45 6:15-7:00 8 and under Inspiration Drills	GUEST INSTRUCTOR Waupun Inspiration Drills NO EXTREME EXCELLENCE Class	Inspiration Drills
6	7	8	9	10	11	12
	EXTREME AIR 5:30-7:00 Self Defense	Full Force AIR 5:40-6:45 Self Defense	Self Defense	EXTREME TRICKSTERS 4:45-6:15 BBC ELITE -6:15-7:45 6:15-7:00 8 and under Self Defense	EXTREME EXCELLENCE 4:30-7:00 Self Defense	Self Defense
13	14	15	16	17	18	19
	EXTREME AIR 5:30-7:00 Jump Sets & Speed & Power Sets	Full Force AIR 5:40-6:45 Jump Sets & Speed & Power Sets	Jump Sets & Speed & Power Sets	EXTREME TRICKSTERS 4:45-6:15 BBC Hosts The WARRIOR PROJECT 6:15 KDM & Siniwalis	EXTREME EXCELLENCE 4:30-7:00 KDM & Siniwalis	KDM & Siniwalis
20	21	22	23	24	25	26
	EXTREME AIR 5:30-7:00 SPARRING	GUEST INSTRUCTOR Mayville Inspiration Drills Community Fair BBC at Hustisford 4:30-7:30	TKD Forms & One Steps	EXTREME TRICKSTERS 4:45-6:15 BBC ELITE -6:15-7:45 6:15-7:00 8 and under SPARRING	EXTREME EXCELLENCE 4:30-7:00 TKD Forms & One Steps	BBC Hosts The LMA ELITE IN-HOUSE TOURNAMENT 1 1:00am Start No TKD Class No JJ Class
27	28	29	30	31	<div style="border: 1px solid black; padding: 10px; background-color: #fff9c4;"> <p style="font-size: 1.2em;">Practice like you've never won.</p> <p style="font-size: 1.2em;">Perform like you've never lost.</p> <p style="font-size: 0.8em; text-align: right;">WWW.BBCMMA.COM</p> </div>	
	EXTREME AIR 5:30-7:00 No TKD Waupun	Full Force AIR 5:40-6:45 Inspire Bring a Friend	Inspire Bring a Friend	EXTREME TRICKSTERS 4:45-6:15 BBC ELITE -6:15-7:45 6:15-7:00 8 and under Inspire Bring a Friend		