

# LINK'S MARTIAL ARTS LLC TRAINING SCHEDULE

effective January 1, 2017

## Waupun - Monday

4:30-5:15 Family Class (all ranks)

\*3 Mondays each month \*Watch your calendar for class dates.

## Waupun - Wednesday

*Individual lessons by appointment*

5:00-5:30 Flying Dragon

5:30-6:00 Sparring (all ranks)

6:00-6:45 Youth, Teen and Adult Students



## Waupun - Friday

4:30-5:00 Sparring (all ranks)

5:00-5:45 Family Class (all ranks)

**Watch the newsletter  
for Special LMA  
Programs that may  
be added to the  
schedule throughout  
the year**

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## Mayville - Monday

*Individual lessons by appointment*

**5:30-7:00 EXTREME AIR**

## Mayville - Tuesday

*Individual lessons by appointment*

5:00-5:30 Flying Dragon

5:30-6:00 Sparring (all ranks)

### **5:40-6:45 EXTREME FULL FORCE AIR**

6:00-6:45 Youth, Teen and Adult students

6:45-7:30 Candidates & Black Belts

7:30-9:00 Jiu Jitsu

## Mayville - Thursday

4:00-4:45 Youth

4:15-4:45 Flying Dragons

### **4:45-6:15 EXTREME TRICKSTERS**

5:30-6:15 Teens and Adults

6:15-7:45 **Black Belt Competition Elite Team**

## Mayville - Friday

**4:30-7:00 EXTREME EXCELLENCE**

## Mayville - Saturday

8:00-9:30 Jiu Jitsu

9:30-10:00 Sparring (all ranks)

10:00-10:45 Family Class



**"Where Families Strive for Excellence"**